

SUMMER HOLIDAYS 2018 SUGGESTIONS AND USEFUL INFORMATION



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INTRODUCTION

Finding reliable information on accessible travel proposals is not always easy for people with disabilities and their families.

This brochure is not a comprehensive collection of the many existing proposals, but it's an attempt to give ideas and practical information to our readers in order to provide suggestions and support.

The proposals contained in this publication are divided into different categories:

- 1) cities and regions of Italy
- 2) travel agencies and proposals abroad
- 3) resorts, apartments, holiday homes
- 4) group holidays with medical care

The organizations and structures reported in this document do not have any form of accreditation or agreement with Spazio Disabilità, which is not responsible for the quality of the services provided.

We invite readers to contact these organizations directly, highlight their specific needs and verify that they can be adequately met.

Enjoy your reading and have a good trip!

CITIES AND REGIONS OF ITALY



This section contains a list of websites offering detailed information on the tourist accessibility of some Italian cities and regions.

Cities

Assisi: www.assisiaccessibile.it,

Information on itineraries, museums, monuments, accommodation facilities.

Bergamo:

<http://www.comune.bergamo.it/servizi/menu/dinamica.aspx?idCat=0&ID=2106&TipoElemento=categoria>

Tourist map with information on the degree of accessibility of the main places of touristic and cultural interest of the city of Bergamo

Bergamo:

<http://www.provincia.bergamo.it/ProvBgSettori/provBgSettoriHomePageProcess.jsp?myAction=&page&folderID=606&editorialID=104453>

6 itineraries in the province of Bergamo

Bologna:

https://www.cittametropolitana.bo.it/turismo/Engine/RAServeFile.php/f/Pubblicazioni/01_bo_2011_ITA_03_web_OK.pdf

Tourist map of Bologna with information on accessible itineraries and the accessibility of monuments, together with useful information for those who want to visit the city.

Brescia: www.slowtime.it

4 accessible itineraries in Brescia

Caserta: <http://www.turismoocaserta.it> www.casertaaccessibile.it

Integrated Services for an Inclusive Tourism - Reception and mobility of people with special needs.

Como: <http://www.camminacitta.it/?pag=40>

Information on the accessibility of some itineraries and monuments in Como and the surrounding area.

Firenze: <http://www.firenzeturismo.it/it/informazioni-utili.html>

Information on accessible tourism in Florence

Lodi:

http://turismolodi.it/turismolodiit/files/guida_al_turismo_accessibile_lo_2014_versione_web.pdf

Guide to accessible tourism in the province of Lodi

Mantova: <http://www.turismo.mantova.it/index.php/approfondimenti/scheda/id/28>

Information on the accessibility of Mantua and its province

Milano: www.milanoperutti.it

Information on the accessibility of accommodation and leisure facilities, cafés, restaurants, museums and monuments in Milan

Rimini: <http://www.riminiprovinciaccessibile.it/>

Information on the accessibility of accommodation, restaurants, beaches and itineraries

Siena: <http://ospiti.comune.siena.it/disabinf>

Useful information on the accessibility of Siena

Torino: <https://www.turismotorino.org/it/il-tuo-viaggio/su-misura-te/turismo-accessibile>

Information and accessible tourist proposals in Turin and its province.

Trieste: <http://www.triesteabile.it/vogliosocializzare/tur>

Information on the accessibility of Trieste

Varese: <http://www.cesvovpertutti.it/information>

Information on the accessibility of Varese, Saronno, Busto Arsizio

Venezia: <https://www.comune.venezia.it/it/archivio/23431>

Information on how to reach, move and visit the city of Venice. Accessible itineraries in Venice

Venezia <http://www.venice-tourism.com/it/itinerari/accessibile/veneziana-senza-barriere> ,
Accessible itineraries in Venice

Regions

Alto Adige: <http://www.altoadigepertutti.it/>

Holidays without barriers in the mountains of South Tyrol

Piemonte: <http://www.turismabile.it/>

Itineraries and accessible accommodation facilities in Piedmont

Sicily: <http://www.siciliaccessibile.it/>

information for disabled tourists on the accessibility of some tourist places in Sicily divided into historical, archaeological and naturalistic heritage.

Umbria: www.umbriaccessibile.com/

Information on the accessibility of itineraries and accommodation facilities in Umbria

Toscana: <https://www.visittuscany.com/it/temi/turismo-accessibile/>

Veneto: <http://www.veneto.eu/servizi-dettaglio?path=/Servizi/TurismoAccessibile>

The site contains useful information to organize your holiday in Veneto

Val d'Aosta - Gran Paradiso: <http://www.pngp.it/parco-accessibile> Information on the accessibility of the routes and structures in the Gran Paradiso park

TRAVEL AGENCIES AND PROPOSALS ABROAD



Planet Viaggi (Verona)

<http://www.planetviaggiaccessibili.it/>

e-mail: info@planetviaggiaccessibili.it

Tel. (+39) 045 83 42 630 – Mobile: (+39) 340 77 39 525

Accessible travel suggestions and itineraries in Italy and worldwide for people with visual, motor, intellectual disabilities, people with specific dietary needs and for anyone looking for a tour meeting his/her special needs.

CONCRETE Onlus

www.concreteonlus.org

e-mail: concrete.onlus@tiscali.it

Tel. and fax (+39) 0382 820518 Mobile: (+39) 3355362836

Organized trips for people with disabilities are planned for the "disabled person and his/her carer". If the disabled person does not have a carer, the organization can provide one.

VISIT PORTUGAL

<https://www.visitportugal.com/it/experiencias/turismo-acessivel>

Itineraries with information on the accessibility of 20 cities in Portugal, with itineraries that allow you to visit the main points of interest of each place and information on the different accessible beaches of the Portuguese coast.

Associazione Visit Usa Italia

<http://www.visitusaita.org/esperienze/turismo-sostenibile-o-responsabile/turismo-accessibile/>

e-mail: infodesk@visitusaita.org

The "Associazione Visit USA" promotes and develops tourism from Italy to the United States and by clicking the link you can find useful information on how to organize your trip to the United States.

EGYPT FOR ALL

website: <http://www.egyptforall.com/>

E-mail: info@egyptforall.com

Tel. 0020 (0) 12 311 39 88 (Martin) - Tel: 0020 (0) 12 396 19 91

This is an Egyptian travel agency offering accessible tours to all tourists. Proposals of stays on the Red Sea, near Hurgada, and of historical and archaeological tours with visits to Cairo, Melfi and the pyramids of Giza, temples of Abu Simbel, the Nile and the dam of Aswan, Luxor and Karnak with their temples and the legendary Valley of the Kings.

TRAVELOSOPHY - by C & C snc

website: <http://www.travelosophy-to.com/>
info@travelosophy-to.com

Tel. (+39) 0322 81066 - fax (+39) 0322 213151

"Diversamente Africa" is a safari program for people with any disability (motor, visual, auditory, people in oxygen therapy, in dialysis and the elderly). Tours take place in South Africa, Namibia and Botswana depending on the disability.

LP Tour

<https://www.lptour.it/>

The portal allows people with disabilities to check and access agreements and discounts concerning accessible hotels, travels, holidays, cruises and accessible tours.

RESORTS, APARTMENTS, HOLIDAY HOMES

Village for all

<http://www.villageforall.net/it/cerca-struttura/>

The portal offers reliable and detailed information on the accessibility of many resorts and campsites in Italy and Croatia.

Homeway

<https://www.homeaway.it/info/idee-vacanze/vacanze-appartamento-consigli/vacanze-accessibili>

In the "Advanced research" page, the portal contains a "wheelchair accessible" link, thanks to which it is possible to identify all holiday homes in Italy and abroad that are accessible to people with reduced mobility.

Airbnb

<https://www.airbnb.it>

The portal allows you to filter your search using the "Accessibility" option: during the research phase, you can set various accessibility requirements of the apartment and consult the relative information made available by the owner.

VillageCare

<https://www.villagecare.it/alberghi-assistiti/>

VillageCare is the national counselling portal for children who take care of their elderly parents. Here you can find information on relief stays in hotels where, in addition to the "classic" reception and catering services, you can request a "light assistance" tailored to the special needs of your family member.

SUPPORTED GROUP HOLIDAYS



There are many families of people with disabilities who are interested in finding organizations that offer accessible holidays with the support of carers, according to the needs of the disabled person.

We publish a non-exhaustive list of these organizations, specifying that they do not have any form of accreditation or agreement with Sportello Disabilità.

AERIS

Tel. (+39) 039 66122211

e-mail: info@diversamentevacanze.it

website: <http://www.coopaeris.it>

Aeris, a non-profit organization that for nearly 30 years has been designing and offering educational and pedagogical interventions in social, school and home contexts, proposes two different types of holidays.

"Un mare di luoghi": a stay at the seaside in Pinarella di Cervia open to all persons with physical and intellectual disabilities aged 16 and up (16th - 30th July; 30th July to 13th August; 13th - 27th August)

The resort, located 100 meters from the sea, with private beach, swimming pool and recreation rooms, has been recently renovated, and is free from architectural barriers. It has large shady areas dedicated to entertainment activities; shared rooms with 4/6 beds. It offers a hotel-like service with a double choice of menu and table service. Guests will be involved in games, workshops, excursions with various daily recreational or cultural activities in the surrounding area.

"Lupi di mare" a stay in two stages for people aged 24 and up with a good level of autonomy from 16th to 30th August (you can also reserve only one week).

The first week will be in Assisi at the Victor Hostel (art, culture, hills ...), the second week will be a 7-day period of relaxation in Pinarella di Cervia at the "Casa Vacanza Baciccia" Accommodation in shared rooms with 3/4 beds (single room on request with an extra charge).

The first week takes place in the heart of Umbria, with an interesting program focusing on art, culture, nature and fun. Many opportunities for walks and excursions. The modern structure, surrounded by greenery, has a swimming pool and offers a hotel-like service with a double choice of menu and table service.

The second week, for relaxation and fun, is under the banner of the "Romagna nightlife". Guests will stay in a structure 100 meters from the sea, with private beach, pool and

recreational rooms. The recently renovated complex is in the village and has large areas dedicated to entertainment activities. It offers a hotel-like service with a double choice of menu and table service.

CREATIV CISE Coop Soc

e-mail: segreteria@creativ.it

website: www.cise.creativ.it

Tel. (+39) 0522 324686

Creativ Cise offers summer stays in Bellaria Igea Marina (RN) at the "Casa per ferie Mare e Verde".

The structure, located directly on the sea, is accessible to people with motor disabilities; it has shared rooms with 3/4/5 beds with private bathrooms, two dining rooms, lounge and outdoor areas for recreational activities, cafeteria, TV corner, swimming pool, soccer fields, volleyball, beach-volleyball and basketball courts. The beach is accessible and has umbrellas, sunbeds and rescue service.

During the holiday, in addition to the moments spent at the beach and in the pool, many different events will be organized: sporting challenges, manual workshops, days at water parks and entertainment (Mirabilandia, Atlantica, Aquafan), excursions to discover the "surrounding area", etc.

LA MOVIDA Onlus

e-mail: movidaonlus@gmail.com

website: www.associazionemovida.org

Person in charge of the travel and holiday areas: Camilla Viscito Tel. 329 2183178

The association offers holidays for people with medium to moderate mental and physical disabilities in Gioi Cilento (Salerno) at the "Residenza agrituristica La Quercia"

(four rounds from 2nd to 16th July; from 17th to 31st July; from 2nd to 16th August and from 17th to 31st August).

This is a sea holiday for groups of maximum 18 participants. Many activities like workshops, recreational leisure activities, visits of the surrounding area will be organized during the stay. It is addressed to those who are looking for a stimulating and enjoyable holiday, in close contact with nature, with a varied program of activities. The program includes: transfer to and from Milan and two mini-stays: in Umbria, near Orvieto, just half an hour from Lake Bolsena, and in Tuscany near the Maremma Grossetana. The purpose of these 2 stops is to cope with the tiredness generated by the long journey to the Cilento area and at the same time they are an opportunity to visit two beautiful regions and enjoy the charm and adventure of "traveling in stages".

Cilento is a territory with an ancient history, which has been included in the UNESCO's list of World Heritage Site. The beaches, with crystal clear waters, and the lush vegetation make it an extraordinary territory.

"La Quercia", a welcoming resort in the Mediterranean forest, will be at the complete disposal of the association. Equipped with spacious bedrooms with private bathroom, it has no architectural barriers in the common areas. Thanks to its strategic position, you can reach the most beautiful beaches of the Cilento coast in just 20/30 minutes (Ascea, Acciaroli, Palinuro, etc.).

The hotel staff will organize a series of different activities like workshops, alternated to moments of fun and relaxation for a carefree holiday. Days at the beach, walks, cultural trips, festivals will be proposed. Possibility of hippotherapy at a specialized centre.

La Movidà also proposes a holiday suitable for people with mental and intellectual / sensory disabilities (three rounds from 2nd to 16th July; from 17th to 31st July and from 17th to 31st August) in Esino Lario (Lecco).

Esino Lario, overlooking the eastern shore of Lake Como, dominates the entire coastline with wonderful views. The territory, included in the Grigna Park, enjoys a favourable position that makes the climate mild and dry and the air pure and healthy.

The house is equipped with every comfort and technological equipment (WIFI, TV, video projection), games room, relaxation room, as well as its own kitchen just like a family "holiday home". There is a small playroom / library that allows you to spend evenings or rainy days happily. During the holidays there are always small groups of young people, homogeneous by age, which allow greater socialization and integration among the guests. You will experience a holiday in nature with outdoor activities, workshops, guided trekking, horseback riding.

LA ROSA BLU

e-mail: assistenza@larosablu.com

website: www.larosablu.com

Tel. (+39) 049 9004509

La Rosa Blu offers stays during the months of July and August with the aim of organising a holiday of relaxation and fun to people with disabilities giving support and relief to their families.

The "Casa per Ferie Mare e Vita", located between the pinewood and the centre of Pinarella di Cervia, is a welcoming tourist facility for seaside stays for families, groups, young people and people with disabilities. Fully accessible, it has large indoor and outdoor areas, a garden, sports fields and relaxation areas.

Crossing about 100 meters of pinewood, you can reach the large beach without architectural barriers and with all facilities, including beach volleyball, basketball, beach tennis courts, relaxation area, kiosk, umbrellas, sunbeds, deckchairs and accessible toilet facilities.

During the stay many recreational activities are organized, including motor activities, games and fun both inside and outside the structure, with a proactive and friendly relationship, along with walks and trips on the territory, to visit places of interest or participate to events. This is organized by a young, attentive and passionate team, ready to transform your holiday in a pleasant and stimulating experience.

COOPERATIVA SOCIALE FABULA ONLUS Milano

e-mail: emiliano.strada@fabulaonlus.it website: www.fabulaonlus.it

Tel. (+39) 342 8818773

Fabula offers a holiday dedicated to people with intellectual/relational disabilities from 1st to 15th August in San Giuliano di Puglia and Montelongo (CB), two small villages in the hills of Molise gently sloping down towards the sea. Simple and peaceful lands where you can feel at home.

The holiday is aimed at children affected by Autism Spectrum Disorders with medium to moderate delays and Pervasive Developmental Disorders.

The "Villaggi Fabulosi" are free from architectural barriers, have shared rooms with private bathroom and large outdoor spaces (garden, soccer field, gym, multi-purpose synthetic grass field and an indoor area for bad weather days).

The stay includes days at the beach, workshops and a trip each week.

The workshops will focus on the increase of motor and personal skills, social and communication skills, the development of personal autonomy and the ability to cooperate.

Outdoor recreational activities will be proposed to children who will enjoy nature. In addition, local children will take part to the sport and game activities, in order to promote integration.

The Fabula Onlus staff collaborate with the Centro Polispecialistico Domino in Milan. A meeting will be organized with the families of the participants to illustrate the program in detail and to explain the philosophy of the project.

MONSERENHORSES

e-mail: info@monserenohorses.it website: www.monserenohorses.it

Tel. (+39) 039 9921343 Mobile: (+39) 335 5626152

Monserenohorses offers, from 29th July to 1st September, holiday weeks for people with intellectual and physical disabilities at the "Casa Vacanze S. Maria" in Bobbio (PC).

Bobbio is located on the hills of Piacenza (680 meters above sea level) and is 45 km from Piacenza. The landscape is characterized by the Apennine hills with a wonderful panorama and they affect the climate, giving freshness during the hot summer days. Chiavari is at a 40-minute drive away. The village offers many tourist services: restaurants with the typical cuisine of this area, cafeterias, pharmacies, cinemas, a hospital, sport facilities and a public swimming pool. The small town of Santa Maria favours integration, thanks to the welcoming spirit of the people who live there.

The "Casa Vacanze S. Maria", located about 6 km from Bobbio, is surrounded by meadows and woods. Close to the building there is a small riding school for the exclusive use of the organization. The building is on two levels and can accommodate up to 35 people in shared rooms of 2 to 6 beds each. All rooms are equipped for people in wheelchairs. On the first floor there is a spacious kitchen, a dining area, toilet facilities for people with disabilities, a TV room and two large bedrooms. On the second floor there is a large recreation area, a laundry room, seven bedrooms and bathrooms. The outdoor area offers the opportunity to have lunch, organize workshop activities and enjoy moments of relaxation. The full board service offers various menus and they can be agreed according to the specific nutritional needs of the participants.

During the day, the staff organizes horse riding activities with a personalized program of hippotherapy, fun activities and workshops. The program also includes trips in close contact with nature and in the nearby historic cities (Rivalta, Rivergaro, Grazzano Visconti ...) and funny evenings. Possibility to spend days at the beach.

PROGETTOPERSONA ONLUS "Vengo anch'io!"

e-mail: vengoanchio@progettopersonaonlus.it

Person in charge: Selene Battezzati Gennari

Mobile: (+ 39) 342 3941519 - Tel. (+39) 02 39198989

ProgettoPersona Onlus offers a rich holiday program based on well-being and being well together and designed for people with disabilities (adults and adolescents), with physical, psychological and relational disabilities, under the guidance of carers who accompany the participants all day, taking care of everything (travel, personal hygiene, participation to fun activities, educational interventions, therapies).

The stays will be in August at the seaside (Pinarella di Cervia, Igea Marina and Albenga) and in the hills (Massa Marittima).

The "**Casa per Ferie Mare e Vita**" of **Pinarella**, which is very close to *the sea and* to the pine forest, is the ideal place for group holidays. The structure has lift facilities, private beach with umbrellas and deckchairs, but also sports fields (basketball and beach volleyball). Many activities are organized both at the seaside and excursions in the outback (San Marino, San Leo, Saline di Cervia and Mirabilandia).

The "**Casa per Ferie Mare e Verde**" of **Igea Marina**, located in the heart of Romagna, is a welcoming newly renovated structure, directly on the sea. It has shared rooms with 3/4/5 beds with private bathroom. The building has a lift, rooms equipped for people with disabilities, two large dining rooms, an excellent catering service with which it is possible to agree on personalized menus to meet food intolerances.

The resort has a cafeteria, a TV corner and a lounge for group activities, a large courtyard for outdoor activities with two beach volley courts, a swimming pool and relaxation areas for an exciting vacation. The private sandy beach, equipped with umbrellas, deckchairs, sunbeds and wheelchair platform, allows direct access to the sea to people with

disabilities. The gently sloping seabed, controlled by a rescue service, is ideal for a relaxing bathing.

The **Seminario Vescovile**, located on the seafront of **Albenga** close to the old town, has no architectural barriers and has large outdoor areas (a garden and a soccer field). There are single and shared rooms (2, 3, 4 beds) with private bathroom.

It is the ideal place for a beach holiday with the possibility to visit the beautiful villages of the outback of Liguria and to participate to many events (concerts, festivals, shows) organized by local authorities or operators.

The "**Ostello Sant'Anna**" di **Massa Marittima**, located near the Parco di Poggio, has its own sports facilities (soccer fields and basketball courts), and is very close to the Sports Hall, the public swimming pool and tennis courts. Completely renovated, it has no architectural barriers and it is suitable for people with motor disabilities.

SPAZIO APERTO SERVIZI Cooperativa Sociale

e-mail: tempolibero@spazioapertoservizi.org

Tel. (+39) 02 425527 - (+39) 02 4232477

Spazio Aperto organizes a mountain holiday in Ponte di Legno (BS) from 4th to 18th August 2018 suitable for people with intellectual disabilities.

The "Casa per ferie Poviani" has a lift, a large dining room and common areas where game activities and parties can be organized and outdoor spaces for group activities; it has shared rooms with 3-4 beds with private bathroom.

During the holiday, walks and visits to the surrounding area will be proposed. The group will consist of 15/20 people maximum.

From 22nd July to 19th August Spazio Aperto offers beach holidays at the Villaggio San Paolo (VE)

The structure is located in a park of pine woods overlooking a large private beach. In the Village, there are over 300 lodgings, a third of which are designed for people with disabilities. The structure is equipped with lifts and spacious rooms with accessible bathrooms.

For those who love outdoor activities, the structure provides: a football field, a basketball / volleyball court, some beach volley courts and table tennis tables.

Nearby there is a hospital and it is possible to have medical care in the structure.

This is a holiday full of sea and fun. Visits to the surrounding towns and local markets, evening outings to join festivals organized in the area are organized and lots of fun!

L'IMPRONTA

e-mail: elena.porati@improntas.it claudia.datos@improntas.it

Website: <http://www.improntas.it/>

Tel. (+39) 339 5773030 – Mobile: (+39) 346 6720957

L'impronta organizes holidays in winter or summer for both adults and children with disabilities at holiday resorts in northern Italy (sea, mountains, lake, hills ...).

Groups are hosted in accommodations like hotels, campsites, tourist villages that can respond to the different needs of participants and are without architectural barriers. This situation favours a context of normality and integration with the territory.

The groups are followed by professional educators, auxiliary social assistants and by volunteers who are involved in the organization of fun activities for participants.

COOPERATIVA SOCIALE META Onlus

e-mail: servizi.estate@metacoop.org

website: <http://www.metacoop.org/>

Tel. (+39) 039 2326695

Meta offers a seaside holiday in June for people with psycho-physical disability from 14 years old and up in Bibbona (LI) in Val di Cecina. The purpose is to: experience personal and social autonomy, increase basic skills in managing and taking care of oneself without forgetting that everything can be done in a peaceful and fun atmosphere. Guests are welcomed at the "Casa Centro Salvador Allende", a totally accessible building in the wonderful pinewood of the coast.

For people with psycho-physical disability and a good level of motor autonomy, a holiday on the Elba Island is also proposed at the "Casa Vacanze Sassi Turchini", a structure without architectural barriers just a few meters from the sea and surrounded by the Mediterranean scrub.

ATLHA APS Onlus

e-mail: atlha@atlha.it

website: <http://www.atlha.it/>

Tel. (+39) 02 48206551

Atlha has been working for more than 30 years taking care of the leisure time of people with disabilities in order to promote their growth and a wider social integration.

Atlha offers day trips, mainly in Northern Italy, and weekends to experiment and increase the independent living of people with disabilities, combining the pleasure of being a group, visiting places of tourist interest, with traditional holidays at the seaside and in the mountains (from 10 to 15 days) during summer and trips of about a week for the New Year and Easter.

CENTRO VACANZE "SALUTE & TURISMO" Edolo (BS)

e-mail: info@rosacamunaaltavalle.it

website: <http://www.rosacamunaaltavalle.it/>

Tel. (+39) 0364 73076 - Mobile: (+39) 348 1425510

A relaxing holiday in Edolo (BS) for people with disabilities and elderly people. The property is located a few kilometres from the tourist resorts of Aprica and Ponte di Legno. The Holiday Centre has 30 rooms of which 3 are equipped for people with disabilities. The structure has a large garden with trees. This holiday wants to be a moment full of emotions and attentions and its purpose is to promote integration, relationship and improvement of the skills of participants.

The stay favours integration among guests, in addition to the participation to events organized on site during summer. Game and recreational activities will be proposed, as well as excursions to the Valle Camonica area. The medical service is on request; on site there is also a psychologist. The Hospital is just few minutes away.

A. M. O. R. Onlus Associazione Malati in Ossigeno-ventiloterapia e Riabilitazione

e-mail: amor.associazione@libero.it

website: www.associamor.com

Tel. (+39) 02 66104061

The AMOR Association, in order to improve and increase the mobility of people in long-term oxygen therapy, organizes two holidays each year. The purpose of these stays is rehabilitative and educational; care services are provided to participants, in climatically favourable locations, in February / March at the seaside and in July in a hilly area. Registration for the stay is open to people in oxygen ventilation therapy and rehabilitation, provided they are AMOR members and have a written consent from their specialist; each participant can be accompanied by one person only. From 23rd June to 14th July 2018 a holiday is organised in Malè in Val di Sole (TN) at the Hotel Sole.